

Highlights Edition – Quarter 2, 2022

MEETING LOGISTICS

June 15, 2022, 12:00 PM – 2:00 PM (Hosted via Zoom Webinar)

Full Group Discussion

KEY MEETING HIGHLIGHTS

- Dr. Lisa Cooper welcomed the group and introduced new members to the CAB.
- Dr. Cooper shared updates from community stakeholders and the Center for Health Equity faculty and staff (*listed below*).
- Dr. Chidinma Ibe presented on the fundamentals of community-engaged research. Sustainability and Bidirectional Capacity Learning was introduced as a guiding principle of community engaged research.
- Dr. Deidra Crews, Ms. Randi Woods, and Mr. Richard Francis (Farmer Chippy) participated in a panel led by Rev. Debra Hickman in which the panelists discussed their experiences with Sustainability and Bidirectional Capacity Building in the context of community-based research.
- The panel discussion was followed by breakout sessions where the project leads from the three MACCHE studies provided an overview of their projects and solicited feedback from CAB members.
 - In the **LINKED-HEARTS** breakout session, CAB members recommended implementing technology support to help participants use the home blood pressure monitoring device and to troubleshoot any issues. To incentivize participation, others recommend explaining to participants the critical role of home blood pressure devices in maintaining and having control over their health. Other group members encouraged implementing positive reinforcement mechanisms—such as a percentage off of groceries—to incentivize participation. For more information, contact Johnitta Amihere at jamiher1@jhmi.edu
 - In the Healthy For Two (**H42**) breakout session, CAB members encouraged the project leads to be culturally sensitive when approaching conversations about weight, and to consider the unique challenges faced by Black and Latinx mothers in the postpartum period. Many cited COVID-19 and its impact on access to gym and exercise equipment as a challenge that should be considered in the program. For more information, please contact Becka Richman at r-richma1@jhmi.edu
 - In the **UNLOAD-HF (heart failure)** breakout session, CAB members suggested various approaches to help the project leads recruit and retain study participants. Recommendations included recruiting a dietician to help participants prepare culturally appropriate yet nutritional foods. CAB members also encouraged listening to the challenges potential participants face and incorporating appropriate resources for support. Mental health challenges were cited as one issue that may inhibit participation, and the team plans to incorporate resources to support mental health. For more information, please contact Perri Carroll p-carro13@jhmi.edu
- Dr. Cooper offered closing remarks and encouraged CAB members to attend the next meeting on September 21st, 2022.

UPDATES

- **A Family First Initiative in Realizing Medical-social Equity (AFFIRME) Project**
 - The AFFIRME project—funded by Johnson and Johnson— focuses on developing a family-based care (FCC) model that will improve the impact of underlying social factors among primary care patients experiencing disadvantage because of their race, ethnicity, or income. The team will collaborate with various stakeholders to develop an intervention that addresses social determinants of health as a vehicle for improving health outcomes. If you'd like to offer feedback, please email Brenda Oduola at boduo1@jh.edu.

- **Building Leaders and Developing Power Through Food (BUILD) Project**
 - Established through a partnership between the Johns Hopkins Urban Health Institute and Morgan State University, the BUILD Project aims to better understand the role of community organizing in advancing health equity and addressing social determinants of health in the Baltimore community. The project evaluates a food delivery program to improve food security, health and well-being.
 - For more information, please contact Dr. Nakiya N. Showell at nshowel1@jhmi.edu.

- **National Kidney Foundation**
 - The National Kidney Foundation will host the Maryland Kidney Walk on October 23rd, 2022. For more information, please contact Alexandria Mills at alexandria.mills@kidney.org or call 410.494.8545.

CAB Meeting Attendees

IN ATTENDANCE

Attendees listed in alphabetical order:

ATTENDEES	AFFILIATION	ATTENDEES	AFFILIATION
<i>Abby Rauso</i>	JHCHE	<i>Kit Carson</i>	JHCHE
<i>Alison Trainor</i>	JHCHE	<i>Kora Coker</i>	BDP Summer student
<i>Angel Graham</i>	Johns Hopkins	<i>Lauren Rohrs Salah</i>	JHCHE
<i>Ann Vachon</i>	IT Design Works	<i>Lindsay Martin</i>	JHCHE
<i>Ayanna Tucker</i>	JHCHE	<i>Lisa Cooper</i>	JHCHE
<i>Brenda Pennant</i>	JHCHE	<i>Lee Bone</i>	JHCHE
<i>Becka Richman</i>	JHCHE	<i>Marcelina Kubica</i>	JHCHE
<i>Bonnie Reyna</i>	Quest Diagnostics	<i>Mary Ann Stephens</i>	JHCHE
<i>Chara Bauer</i>	Total Health Care	<i>Melissa Minotti</i>	Johns Hopkins
<i>Charlette Lee</i>	Patient Advocate	<i>Michael Floyd</i>	Quest Diagnostics
<i>Cheryl Himmelfarb</i>	JHCHE	<i>Michelle Simmons</i>	Community Advocate
<i>Chiadi Ndumele</i>	JHCHE	<i>Michelle Ward</i>	BUILD
<i>Christine McKinney</i>	JHCHE	<i>Nakiya Showell</i>	JHCHE
<i>Chidinma Ibe</i>	JHCHE	<i>Nicola Norman</i>	JHCHE
<i>Debra Hickman</i>	STAR	<i>Patrick Slavin</i>	JHCHE

<i>Deidra Crews</i>	JHCHE	<i>Pattie Dash</i>	National Kidney Foundation
<i>Deven Brown</i>	JHCHE	<i>Perri Carroll</i>	JHCHE
<i>Emilia Mannstadt</i>	BDP Summer student	<i>Pete Miller</i>	JHCHE
<i>Erica Shelton</i>	JHCHE	<i>Shang-En Chung</i>	JHCHE
<i>Helen Owhonda</i>	Former RICH LIFE CHW	<i>William Bolling</i>	Community Advocate
<i>Jagriti 'Jackie' Bhattarai</i>	JHCHE	<i>Randi Woods</i>	STAR
<i>Jasina Wise</i>	JHCHE	<i>Sherry Liu</i>	JHCHE
<i>Jeanne Charleston</i>	JHCHE	<i>Stacye Cooper</i>	Former RICH LIFE CM
<i>Jia Lee</i>	JHCHE	<i>Rhonda Ford Chatmon</i>	AHA
<i>Jill Marsteller</i>	JHCHE	<i>Richard Knight</i>	AAKP
<i>Jolene Lambertis</i>	JHCHE	<i>Richard ("Farmer Chippy") Francis</i>	Plantation Park Heights
<i>Katie Dietz</i>	JHCHE	<i>Sharon Moyo</i>	JHCHE
<i>Kelly Bower</i>	JHCHE	<i>Teresa Leslie</i>	Johns Hopkins
<i>Janelle Wilder</i>	JHCHE	<i>Wendy Bennett</i>	JHCHE
<i>Julia Wang</i>	BDP Summer student	<i>Yvonne Commodore-Men- sah</i>	JHCHE
<i>Johnitta Amihere</i>	JHCHE		

JHCHE=Johns Hopkins Center for Health Equity; BUILD= Baltimoreans United in Leadership Development, CM=Care Manager; CHW=Community Health Worker; AHA= American Heart Association

Upcoming Details

NEXT MEETING:

September 21st, 2022, 11:45 AM – 2:00 PM

Via Zoom Webinar.

KEEPING IN TOUCH

- We welcome you to ask questions or share suggestions by contacting the Center for Health Equity team via email: jhchecab@jhmi.edu
- **Guests.** For non-Community Advisory Board members who would like to attend a CAB meeting as a guest, please contact Nancy Edwards Molello via email: jhchecab@jhmi.edu
- For further updates about the Center for Health Equity's ongoing work in communities locally and globally, please visit:
 - *CHE Website:* <http://jhu.edu/healthequity>
 - *CHE Action Hub:* <http://healthquityhub.org>
 - *CHE Twitter:* @JHhealthequity and *Facebook:* @JHhealthequity
 - *We look forward to seeing you at our next meeting.*